

Meal Menu



JULY

Monday	1 Tuesday	2 Wednesday	3 Thursday	4 Friday	5 Saturday	6 Sunday
30 TH JUNE	Thepla, Curd	Idli, Sambhar, Chutney	Pasta	Yellow Dhokla, Garlic Chutney	HOLIDAY	HOLIDAY
	Desi Tuver, Roti, Moong Dal, Rice	Dum Aloo, Roti, Lemon Rice, Salad	Turiya Nu Shak, Roti, Gujarati Dal, Rice	Cabbage Sabji, Roti, Dal Fry, Jeera Rice 		
7 Monday	8 Tuesday	9 Wednesday	10 Thursday	11 Friday	12 Saturday	13 Sunday
Rasawala Khaman	Uttapam, Sambhar, Chutney	Bhel	Quesadilla, Salsa Sauce	Idada, Chutney	HOLIDAY	HOLIDAY
Pavbhaji, Tawa Pulao, Salad	Desi Chana, Roti, Pakoda Kadhi, Steam Rice	Veg Kofta, Roti, Dal Fry, Rice ★★★★★ SWEET BOONDI	Bataka Nu Shak, Roti, Gujarati Dal, Rice	Sev Tomato, Roti, Dal, Jeera Rice 		
14 Monday	15 Tuesday	16 Wednesday	17 Thursday	18 Friday	19 Saturday	20 Sunday
Kanda Poha	Vada Sambhar, Chutney	Misal Pav	Corn Upma, Chutney	Masala Paratha, Curd	HOLIDAY	HOLIDAY
Paneer Mutter, Roti, Dal Tadka, Rice	Flower Nu Shak, Roti, Lachka Dal, Kadhi, Rice	Veg Soya Khima, Roti, Masoor Dal, Rice	Chhole Masala, Puri, Masala Pulao, Hot and Sour Soup 	Ringan Bataka Nu Shak, Roti, Gujarati Dal, Rice		
21 Monday	22 Tuesday	23 Wednesday	24 Thursday	25 Friday	26 Saturday	27 Sunday
Ragda Tikki	Tadka Idli, Tomato Chutney	Sev Khamni	Bhel	Frankie	HOLIDAY	HOLIDAY
Parvar Nu Shak, Roti, Dal, Rice 	Rajma Curry, Roti, Vagharelo Bhat, Salad	Kofta Afghani, Roti, Dal Panchratni, Jeera Rice	Fry Moong, Roti, Kadhi, Pulao	Methi Mutter Malai, Roti, Dal Tadka, Rice		
28 Monday	29 Tuesday	30 Wednesday	24 Thursday	Friday	Saturday	Sunday
Uttapam, Sambhar & Chutney	Sandwich	Poha	Peri Peri Dhokla, Chutney	1 ST AUGUST	2 ND AUGUST	3 RD AUGUST
Dudhi Chana, Roti, Spicy Kadhi, Steam Rice ★★★★★ LAPSI	Bhindi Masala, Roti, Dal Fry, Jeera Rice	Paneer Handi, Roti, Mexican Rice, Lemon Coriander Soup	Besan Gatta, Roti, Dal Makhni, Steam Rice			